



BODY MASSAGE

Holistic massage 60'/90'/120'

800/1000/1200

This treatment use a combination of gentle techniques and high-quality oils to bring about a balanced, calm and stress-free state of being.

Oriental massage 60'/90'/120'

800/1000/1200

Using point-focused acupuncture technique, this treatment harmonize the body and mind with muscle relaxation and calmness to the whole nervous system.

Deep Tissue 60'/90'/120'

800/1000/1200

This treatment brings deep relaxation to the muscles and calmness to the mind and the whole nervous system.

Shiatsu massage 60'/90'/120'

800/1000/1200

No-oil treatment. Using finger pressure, Shiatsu massage helps remove the blockages by realigning meridian points, which balances the energy and eases the body and mind. Shiatsu also restores the circulatory system, improving blood flow throughout the body.

Hot stone massage 90'/120'

1200/1400

Heated, smooth basalt stones incorporated into this unique massage treatment facilitate the balancing of the energy centers in the body and encourage muscle relaxation.

Four-handed massage 60'/90'/120'

1600/1800/2200

A wonderful experience for spa-holic who have a difficult time letting go of day-to-day thoughts and stresses.

FOOT MASSAGE

Foot relaxing 60'/90'

800/1000

A signature treatment using a fusion of massage techniques and point acupuncture that helps to relax and release aches.

Foot care with scrub 90'

1000

All in one treatment combining skin exfoliation that helps to relieve soreness.

BODY SCRUB

Peeling with 3 salts 45'

900

Tonic exfoliation combining sea salts and sugars. A sweet-salty exfoliation for a velvety skin.

Coffee & Sugar Scrub 45'

900

The combination of ground coffee with sugar that leave your skin nourished & moisturized, helps to reduce the appearance of scars, stretch marks.


Other benefits: tightening the skin, anti-aging and improve circulation.


Algae & Sea Salt Scrub 45'

900

The combination of algae and salt helps to hydrates dry skin, diminishes the appearance of hyperpigmentation, clears clogged pores and reduces the appearance of fine lines.

All price are quoted in thousands of VND and included tips.

 Pressure Strength

 Favourite



FACIAL SKINCARE

Biologic Defense for all skin types **1000**
***Suitable for men & women**

Brings double balancing effect: stimulate the restoration of the ecological and biological balance of the skin. This allows you to restore the balance of the natural flora of the skin, maintain its optimal condition and comfort. A wide range of effects of this program allows you to recommend it for any type of skin: dry, oily, sensitive, mature.

Moisture Boost & Hydrating Treatment 80' **1000**
Helps restore, preserve and optimize the hydro-lipid balance of dry and dehydrated skin, supporting its natural hydration mechanisms and restructuring the epidermal barrier.

Acti-Biotic for acne-prone skin 80' **1000**
A range designed for combination/oily or acne-prone skin. It stimulate the synthesis of natural antibiotics of the epidermis to protect against microbial infections and bacteria that cause acne.

Vitamin Boost & Energize 80' **1000**
Vitamin Energy is a skincare range developed for tired skin, allowing it to regain vitality and radiance thanks to an exclusive cocktail of energizing and re-energizing active ingredients.

Enzymacid - Full skin renewal program 80' **1500**
The ENZYMACID program is an innovation in cosmetology. The step-by-step renewal of the skin gives excellent visible results: wrinkles are smoothed out, enlarged pores are narrowed, age spots are lightened, the skin is leveled, it becomes smooth, supple, radiant and moisturized.

PACKAGES

Sport Lover 105' **1600**

- Body scrub 45' (Choose any)
- Body Massage 60' (Holistic/Oriental/Deep Tissue/Shiatsu/Foot)

Office Savior 140' **1700**

- Body Massage 60' (Holistic/Oriental/Deep Tissue/Shiatsu/Foot)
- Facial skincare 80' (Biologic Defense/Hydrating/ Acti-Biotic/Vitamin)

Create Your Own 185' **2500**

- Body Scrub 45' (Choose any)
- Body Massage 60' (Holistic/Oriental/Deep Tissue/Shiatsu/Foot)
- Facial skincare 80' (Biologic Defense/Hydrating/Acti-Biotic/Vitamin)

EXTRA PAMPERING

Hot Sauna 15' **Complimentary**
Let your body detox and then get extreme stress reduction, improve circulation and oxygenation after 10 -15 minutes in our private sauna room.
*Advanced booking is recommended.

Jacuzzi with mineral salt 20' **700 (For 01)/ 1000 (For 02)**
Softening, soothing muscles, drawing out infection by jacuzzi with mineral supplements. The scent from nature will whisk away your stress.
*Advanced booking is recommended.